



WHAT TO BRING WITH YOU	Main Items
Travel details (flight or train tickets)	
Passport and/or EEA ID Card	
Visa (if required)	
Letter of Consent to Travel	
Any medication you may be taking	
Insurance	
Spending money €, or bank card	
Everyday Clothes	
T shirts	
Trousers/skirts	
Shorts	
Sport shoes	
Swimming costume	
Sandals	
Socks	
Underwear	
Items For Mountain Camping	
One pair hiking boots or sports shoes	
Long Sleeves Sport jacket	
One pair comfortable pants for camping	
Pocket torch light	
Insect repellent and Cream after bite	
General Items	
Towels (for shower and swimming)	
Toiletries (shampoo, shower gel,toothbrush, toothpaste and hair brush)	
Sun cream	
Sunglasses	
Second pair of Glasses (just for persons who wear glasses or contact lenses)	
Camera	
Mobile	
Charger and adapter for British plug (Only For Cyprus Camps)	