

PROGRAMME TIMETABLE



PORTO UNICAMP

1ST WEEK

time/day	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
07:30 — 08:00	Arrival of new students	Wake up					
08:15 — 08:45		Breakfast at the hotel residences					
09:00 — 12:30		Bus tour of Porto	Placement test/Lessons				
13:00 — 14:00		Lunch at the restaurant					
14:30 — 15:30		Rest at the residences				Guided Excursion to Guimmaraes	Porto Quest and shopping
16:00 — 18:00	Introductory meeting-Beach	Beach	6 Bridges Boat trip	Beach and shopping			
18:00 — 19:00	Prepare for dinner	Beach	6 Bridges Boat trip	Beach and shopping			
19:00 — 19:45					Prepare for dinner		
19:45 — 20:30	Dinner						
20:30 — 22:30	Fun activities on site/Free time						
22:30 — 23:00	Bed time						
	other	activities	food time	lessons	wake up/bed time		

PROGRAMME TIMETABLE



PORTO UNICAMP

2ND WEEK

time/day	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
07:30 — 08:00	Wake up						
08:30 — 09:00	Breakfast/ Transfer to adventure park	Breakfast					
09:00 — 12:30	Mountain e-bike Rope park Sliding car	Zipline Fantasticable Paintball	Lessons				End of programme/ Departure
13:00 — 14:00		Lunch					
14:00 — 16:00		Paintball Free time	Beach	Rest at residences			
16:00 — 18:30	Transfer back to Porto	Transfer back to Porto		Climbing the bridge	Excursion to Aveiro “Portuguese Venice”	Water park	
18:30 — 19:30	Prepare for dinner			Prepare for dinner			
19:30 — 20:30	Dinner						
20:30 — 21:00	Fun activities on site/Free time					Walk old town	
21:00 — 22:30							
22:30 — 23:00	Bed time						
	other	activities	food time	lessons	wake up/bed time		